

# WRENSHALL WELLNESS CHALLENGE

20 MINUTES  
of active movement.

Minimum  
3 days a week  
or 15 days month.

## September 2020

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 City Council Meeting 5:30 pm	3	4	5 
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27 	28	29	30			

SATURDAYGIFT

Challenge is open to everyone 18 years of age or older.

Please contact  
Wrenshall City Hall  
by October 7th, 2020  
to be entered into a  
monthly drawing.  
Drop off your entry  
or call / email

Phone - 218-384-3680  
email - cityofwrenshall@gmail.com

Name \_\_\_\_\_  
Phone \_\_\_\_\_

I was active for \_\_\_\_\_  
days for the month of  
September.

Name \_\_\_\_\_  
Phone \_\_\_\_\_

I was active for \_\_\_\_\_  
days for the month of  
September.